

## **ELEMENTS OF HOPE AND LIFE IN THE POETRY OF FARROKHZAD AND PLATH**

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### **ABSTRACT**

The present paper explores concepts of hope and life in poetry of Forough Farrokhzad (1935-1967), the famous Iranian contemporary poet, and Sylvia Plath (1932-1963) one of the most appreciated American poets of twentieth century. If we study biography of these two contemporary poets, we will find that both Plath and Farrokhzad had a tortured life; both of them experienced death of their loved one, separation, disloyalty, marginalization as a woman poet and having a male figure who surpass them but it is not fair and true to say that their poetry is just a means to convey their disappointments or to say that their poetry is just about death and darkness. The researchers believe that there has been too much focus on elements of death, disappointment, hopeless or negative aspects of Farrokhzad's and Plath's poetry. There are still some positive concepts in their poems such as hopefulness and life. Although these positive elements are few, we cannot ignore them and this paper tries to find these optimistic elements in the poetry of these two poets.

**KEYWORDS:** Sylvia Plath, Forough, Farrokhzad, Hope, Life, Poetry